



## Newsletter Blast November 2024

*We recognise the Kaurna and Peramangk Peoples as the traditional owners of the Adelaide Hills and pay our respects to elders past, present and emerging.*

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### **Sunset Sessions at The Station: Italian Night!**

**Our November Sunset Sessions event was a wonderful evening filled with warmth and good vibes. Mira and Carlo from Mambo Italiano brought Italy to the Platform, keeping everyone entertained with their engaging and interactive performance.**

**Guests were treated to a range of delicious and hearty, Italian-inspired dishes, lovingly prepared by our dedicated team of volunteers. These mouthwatering meals were a hit, and any leftovers were carefully frozen to ensure they can be shared with those in need. The ready-made meals will be distributed to our food pantry clients, providing a comforting and nutritious option for families in the community. It was a night of great food, great music, and even greater community spirit!**

**A big thank you to Foundation SA who provided valuable funding to support the Sunset Sessions events over the past 12 months!**

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## Annual General Meeting (AGM) 2024

We are delighted to announce that locals Marcus Booth-Remmers and Catherine Bayliss were endorsed as our newest Board Members at our AGM, held Wednesday 20th November. Both Marcus and Catherine have been involved with The Hut for a few years and bring extensive knowledge and skills in their areas of expertise and passion of the Adelaide Hills. You can find out more about them [here](#).

We have been very fortunate to consistently have a full Board and the two vacancies were available due to Geoff Keynes and Sharon Maslen stepping down from their Board positions. Geoff and Sharon brought their own perspectives and knowledge into discussions and helped the Board to make some key decisions last financial year and we thank them for their time and commitment to The Hut and the broader community.

Those attending the AGM were treated to a presentation of the [Spark](#) initiative by Hayley, Spark Program Coordinator and a fabulous supper prepared by some of our amazing volunteers. Many thanks to everyone who attended and those behind the scenes who made the AGM a success.

Our 2023/24 Annual Report is available now! Click [here](#) to read what we've been up to in the past year and to see some of our work in action.



## Survey Week

The South Australian Government's Community Neighbourhood Development survey week is an important activity for South Australian community centres.

The surveys take place at all community centres, and are a way for government to get feedback on the types of services that people are accessing in their local community. Ultimately, that feedback will lead to ensuring the community has the services it needs from their community centre.

This data collection is an important part of our funding agreement with the South Australian Government.

Your input is greatly appreciated! Click the button below to have your say.



**Stirling Community Christmas Pageant & Fair**

Brought to you by  
**The Hut Community Centre**

Major sponsor  
**HARRIS**

**Sunday 1<sup>st</sup> December**  
**11am - 3pm**

Join us on the Stirling Oval after the parade

**Live Music**  
Heathfield Renegades  
Atlantic Street Band  
Christmas Carols

**Come & see Santa**  
**Market Stalls**

**Activities & Entertainment**  
Free Christmas Craft Making  
Come 'n' Try Table Tennis  
Food and Treats  
Sideshow  
Camel Rides  
Petting Zoo  
Face Painting

Parade starts at 11am, Mt Barker Rd Stirling, then onto the fair at the oval  
For more information visit [thehut.org.au](http://thehut.org.au)

**Proudly/sponsored by**

**STIRLING Business Association**  
**the stirling hotel**  
**Stirling Market**  
**Adelaide Hills COUNCIL**  
**STIRLING COMMUNITY SHOP**

**Featuring**  
**SEA STAR ROCK**



## Spark: Igniting Human Connection Update

We're excited that our Spark project collaboration lead Dr Nadia Corsini now has a regular radio spot at 8.30pm Tuesdays on ABC 891 with Jason Chong exploring different topics to improve connection and speaking about Spark! We'd love you to connect with our Spark Social and Spark Conversations sessions happening across the Hills, and to keep up to date please sign up to the [Spark Newsletter](#).

Join us to  
**Spark**  
conversation

All people are welcome to ignite connection and spark new friendships at our conversation sessions across the Hills!

- The Olive Branch Cafe**  
Every Monday 1.00pm-2.30pm  
84 Onkaparinga Valley Road Balhannah
- The Oak & Iron Tavern**  
Every Tuesday 10.00am-12.00pm  
17 Adelaide Road Mount Barker
- The Britannia**  
Every Wednesday 10.00am-12.00pm  
14 Princes Highway Kanmantoo
- Miss Perez**  
Every Thursday 5.30pm-7.00pm  
2 Druid Avenue Stirling

**Spark**  
Igniting human connection

In collaboration with    [www.sparkconnection.org.au](http://www.sparkconnection.org.au)

**Spark**  
social

Let's spark joy and connection through exploring shared interests and experiences together!

**Monday 25th November 9.30am**  
**Hills nature walk & Karkoo Nursery Cafe**

Spark some Monday morning joy with our Sparkies at Woorabinda Bushland Reserve (Hender Street entrance) for a peaceful walk around the lake and then up to the new Karkoo Nursery at Stirling Station for a coffee and catch up. Fury friends welcome!

**Let Hayley know you're coming or just turn up!**  
[hayley@thehut.org.au](mailto:hayley@thehut.org.au) or 8339 4400

**Spark**  
Igniting human connection

In collaboration with  [www.sparkconnection.org.au](http://www.sparkconnection.org.au)

LOCAL COMMUNITY

SUPPORT NETWORKS

BUILDING CONNECTIONS

**COMMUNITY CONNECTIONS**

## **Community Connections Update: Discover Your Community Connections**

**Hello Adelaide Hills! Are you looking to meet new people, get involved in your community, or just make some connections in a way that feels right for you? The Community Connections Program here at The Hut is here to help you do just that - on your terms and at your own pace.**

**Community Connections is all about creating personal connections that matter. We work with each person to tailor the program to suit your unique needs, interests, and lifestyle. If you're looking for activities, or just want to meet new people that are also looking to be more connected or grow their community, we'll help you make it happen in a way that works for you.**

### **How It Works:**

- You tell us what you're interested in, we listen.
- We work with you to discover connection opportunities that you'd like to explore.
- We support you to meet people, try new things, and feel connected to your local community.

**Whether you're keen to explore local events, discover new hobbies, or just meet a few friendly faces, we're here to help.**

### **Who Can Join?**

- Community Connections is a program that offers short-term person centered support to connect with local services and support networks, community or social groups.
- We welcome people aged between 18 - 64 who want to make connections, learn something new, or just feel more involved in their community.
- People not already receiving support from NDIS or My Aged Care

**If you are interested Or know someone who might be - Families, individuals, and groups who are looking for a welcoming space to be a part of.**

 **Call us here at The Hut : 08 8339 4400**

 **or e-mail [communityconnections@thehut.org.au](mailto:communityconnections@thehut.org.au)**

**Let's connect and make the Adelaide Hills even more welcoming for everyone!**

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# The Hut Food Pantry



## FESTIVE FOOD DRIVE

### HOW CAN YOU HELP?!

Rally your colleagues, community, family or friends  
to collect and donate these much needed items.

No amount is too small or too big!



### OUR WISH LIST...

Festive Foods, Mince Pies, Puddings & Special Snacks  
Breakfast Cereals, Weetbix, Rolled Oats, Muesli  
Pasta Sauces, Tinned Tomatoes & Pasta  
Long Life Milk  
Instant Coffee & Tea Bags  
Spreads, Vegemite, Peanut Butter & Honey  
Tinned Tuna and Tinned Vegetables  
Olive and Vegetable Oils  
Dishwashing Liquid, Toilet Paper & Washing Powder  
Shampoo, Conditioner & Body Wash

Donations will be gratefully received at  
The Hut, 1 Euston Road Aldgate  
by Tuesday 21st December

Please contact Izzy Rogers on 8339 4400  
or [financialwellbeing@thehut.org.au](mailto:financialwellbeing@thehut.org.au) with any enquiries.





**2024 Raffle - Be in the running to win some fabulous prizes!**

**How fabulous would it be to stay for the weekend in one of the beautiful balcony rooms of the Stirling Hotel!**

**Christmas is almost upon us and thanks to the generosity of the Stirling Hotel, tickets are now on sale for The Hut's Christmas raffle.**

**We would love for our community to help us sell tickets. This raffle is a valuable opportunity for The Hut Community Centre to raise additional funds to support our programs and services.**

**Get in touch with reception if you would like to grab a book (or two).**

**Many thanks for your support.**

## **CHRISTMAS RAFFLE**

3,000 tickets @ \$2.00 per ticket

### **MAJOR PRIZE: VALUE \$900**

#### **WEEKEND AWAY FOR 2**

**Includes two nights accommodation in one of the Stirling Hotel balcony rooms. Valued at \$900. Booking subject to availability**

### **SECOND PRIZE**

**DINNER IN THE STIRLING HOTEL WINE BAR & DINING ROOM**

Valued at \$250

### **THIRD PRIZE**

**STIRLING HOTEL OR PATISSERIE VOUCHER**

Valued at \$100



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**RECEPTION  
VOLUNTEERS  
NEEDED!**

**CAN YOU HELP?**

We're looking for friendly and reliable individuals to join our reception team at The Hut Community Centre! Become one of the welcoming faces that make our visitors feel right at home!

Weekly timeslots available.  
The Hut can provide voluntary work opportunities for eligible job seekers.

for more information  
contact  
reception@thehut.org.au  
or call 8339 4400

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### Donation From Aldgate Trinity Church

**Thank you to the Women's Group at Aldgate Trinity Church for the donation of 35 hand made gift bags. These bags were lovingly made by the group and filled with essential items and toiletries to be given to people in need. The bags will be distributed through the food pantry and to others who make contact with The Hut seeking support. The women donate these bags to charities each year and this year The Hut was chosen as the recipient. Many thanks for your support! *Members of the Church (centre) are pictured with Food Pantry Volunteers Silvana and Liz***





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## A Heartfelt Thank You from The Hut

As we reflect on the past year, we want to express our heartfelt thanks to the amazing community and supporters of The Hut. Your loyalty, generosity, and unwavering support have been the cornerstone of our success, and we couldn't have made it this far without you.

The Hut is more than just a place—it's a vibrant community built by people like you. Volunteers, families, businesses, and organizations all come together to make this space special. From the bottom of our hearts, thank you for everything you've done to help us continue our mission.

We are also deeply grateful to the local businesses and groups that have supported us throughout the year. Whether through donations, services, or simply being part of the fabric of our community, their support has been invaluable. We acknowledge their contributions with sincere appreciation.

As the festive season approaches, we encourage you to give back by supporting these local businesses—whether by shopping, dining, attending events, or using their services. Your support strengthens our community and ensures these businesses can continue to thrive.

Thank you again for being a part of The Hut. We are truly grateful for each of you and look forward to what we can achieve together in the year ahead.

THANK YOU  
FOR YOUR SUPPORT!

*Supporters of The Hut*



Thank you for all the contributions and support you have shown us here at The Hut Community Centre this year.



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### **Earrings For Sale to Support The Food Pantry**

**Looking for a Christmas gift that supports a good cause? Our creative volunteer Silvana has made an assortment of beautiful earrings, some with a Christmas theme, ready for purchase for just \$5 at reception. The proceeds from the earrings will go directly to the Food Pantry and the essential support it provides to the local community.**

**We also have a variety of items available for sale made by our community shed and other volunteer groups so drop by and check them out!**



## The Hut Community Centre Repair Cafe

Did you know there is a Repair Café on each month at The Hut? Our Repair café is a part of a worldwide movement aimed at reducing rubbish going into landfill.

Don't throw it away, bring it into our volunteer repair experts who will have a go at fixing it! Bring in your small household items, wooden items and toys, garden tools that need sharpening, clothes for mending and even bikes!

We also have two volunteers who are able to mend clothing and darn items. If you have a sewing project that you are working on and you would like some help, we encourage you to bring your machine in and work alongside the volunteers. Please let us know as we only have space for two extra machines.

On the second Sunday of each month 10am – 1pm in The Hut Community Shed.



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## Dementia Friendly Movie Sessions with Wallis

Wallis cinemas at Mitcham are beginning to host dementia-friendly movie screenings. Please see the flyer below for the film in November.

If you are interested in going to the movies in a more relaxed, understanding environment, you might like to attend one of the sessions. Wallis have made some changes to support the comfort of people living with dementia and their families including lowered sound and dim lighting.

Here is the link to pre-purchase tickets (although not essential as you can purchase on the day): <https://wallis.com.au/films/the-straight-story-25th-anniversary/>



We are working  
towards becoming  
**dementia-friendly**  
in 2024-2025.

[dementia.org.au/dfc](http://dementia.org.au/dfc)



the straight story

# Dementia -Friendly Screening

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MONDAY  
**25<sup>TH</sup> NOVEMBER** • **MOVIE AT 11AM**

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ENJOY A MOVIE IN AN UNDERSTANDING AND COMFORTABLE  
ENVIRONMENT WITH LOWERED SOUND AND DIM LIGHTING

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A retired farmer and widower in his 70s, Alvin Straight learns one day that his distant brother Lyle has suffered a stroke and may not recover. Alvin is determined to make things right with Lyle while he still can.

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## WallisCinema

LEVEL 1, MITCHAM SHOPPING CENTRE, 119 BELAIR ROAD, TORRENS PARK SA 5062  
8305 4444 • [WALLIS.COM.AU](http://WALLIS.COM.AU)



## Upcoming Activities

For all programs below use the booking link for each program or call The Hut on 83394400

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### Dungeons & Dragons Campaign

**When:** Wednesdays weekly

**Time:** 4:00pm – 5:30pm

**Where:** The Hut Community Centre

**Cost:** \$5 per person per session.

Bookings essential [here](#).

Calling back all our previous D&D players, new players are also welcome, to engage in a compelling long term campaign over 2 - 3 months. Dungeon Master Victoria will be your guide on this collaborative story telling adventure. Suitable for ages 12+.

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### Community Support Hub: Information & Planning Night

**When:** Thursday November 28

**Session Time:** 7:00pm – 8:30pm

**Where:** The Village Well, Aldgate

**Cost:** FREE

Bookings preferred [here](#)

**Bridgewater/Aldgate Community Support Hub - providing a community-based response to disasters in our area**  
Join us to hear about how community is coming together to create the **Bridgewater/Aldgate Community Support Hub**. Come along and be a part of the discussion on how the Hub can help the community cope with disasters (incl. fire, storms and power outages).



### **Understanding Autism: Managing Change**

**When: Friday November 29**

**Session Time: 9:30am – 11:00am**

**Where: The Hut Community Centre**

**Cost: FREE**

**Bookings essential [here](#) or call The Hut on 8339 4400.**

**Presented by Autism Specialist Kate Exner, this FREE interactive workshop will explore the use of visuals, transition plans and communication systems to help navigate unavoidable changes as the year winds down and the new year begins. There will be an opportunity to ask questions after the session. Suitable for parents, grandparents, interested workers.**



### **Understanding Autism: Emotional Awareness & Regulation**

**When: Tuesday December 3**

**Session Time: 9:30am – 11:00am**

**Where: The Hut Community Centre**

**Cost: FREE**

**Bookings essential [here](#).**

**Presented by Autism Specialist Kate Exner, come along to this FREE interactive workshop to learn tips on helping children recognise and manage their emotions and read emotions of others. The supports that will be discussed and shared include exposure to emotion based language, recognising the physiological response to emotions, recognising what impacts our emotions, looking at verbal and non-verbal communication as well as the context to fully interpret a situation,**

social scripts exploring emotion regulation.

There will be an opportunity to ask questions after the session. Suitable for parents, grandparents, interested workers.



#### **Lunch At The Hut**

**When: 1st Wednesday of each month**

**Next Date: Wednesday December 4**

**Session Time: 12:00pm – 2:00pm**

**Where: The Hut Community Centre**

**Cost: \$5.00 for two course meal**

**Bookings essential: 8339 4400.**

An opportunity to connect with people in your local Hills community over a delicious, nutritious two course home-cooked meal! Join us at The Hut for lunch made with love by our volunteers, served with a welcoming smile, good company and fun! On the first Wednesday of each month.



#### **Morning Tea: Acknowledging the 16 Days of Activism Against Gender-Based Violence**

**When: Tuesday December 10**

**Session Time: 10:00am - 11:00am**

**Where: The Hut Community Centre**

**Cost: FREE morning tea provided**

**RSVP: let us know your coming by calling 8339 4400.**

Join Hut staff and volunteers for a orange themed morning tea to acknowledge and raise awareness of gender-based violence. The 16 days of Activism against Gender-Based Violence is an annual international campaign that runs from November 25 (International Day for the elimination of

Violence against Women) to December 10 (Human Rights Day). The campaign aims to raise awareness and advocate for change to combat violence against women and girls in all its forms.

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#### **Australian Red Cross Emergency Redi Workshop**

#### **Australian Red Cross Emergency Redi Workshop**

**When: Friday December 6**

**Session Time: 11:30am – 1:00pm**

**Where: The Aldgate Oval Hall**

**Cost: FREE**

**Bookings essential [here](#).**

**As part of Help Nation, an NRMA Insurance initiative, this workshop will help you learn about your local risks and how you can get prepared.**

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#### **Repair Cafe**

**When: Sunday December 8**

**Session Time: 10:00am – 1:00pm**

**Where: The Hut Community Centre**

**Cost: FREE donations appreciated**

**No Bookings required**

**Don't throw it out, get it fixed and by our volunteer expert repairers! Services that may be available at our monthly Repair Café include fixing pushbikes, small electrical, wooden items as well as tool sharpening and sewing & darning. Hot drinks from Coffee Please coffee van will be available for purchase. Follow the Repair Cafe on Facebook for updates [here](#).**

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### Social Cuppa - Men's Morning

**When:** 2nd Friday of each month

**Next date:** Friday December 13

**Time:** 10.30am

**Where:** Lovells Bakery, Woodside

**Cost:** Buy your own coffee, we supply the cake

Book [here](#) or just show up!

Enjoy a chance to meet new people in a relaxed, informal setting.

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### Tin & Tonic: Create & Sip Workshop

**When:** Sunday December 15

**Session Time:** 1:00pm – 3:00pm

**Where:** The Hut Community Centre

**Cost:** \$35 per course

Bookings essential [here](#)

Transform your foil trays into something new while sipping on a refreshing Gin & Tonic or a glass of wine, all in a fun and friendly atmosphere! All materials, nibbles and one Gin & Tonic or glass of wine provided.

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### Nature Inspired Christmas Craft for Kids

**When:** Sunday December 18

**Session Time:** 10:30am – 12:00pm

**Where:** The Hut Community Centre

**Cost:** \$5 per child

Bookings essential [here](#)

Come and do some nature inspired and eco-friendly crafting with us at The Hut! Activities for all ages available. Parents are required to stay with children during this session.

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## Ongoing Activities

Program closure dates 2024/25	Last day 2024	Starts 2025
The Hut	20/12/24	2/1/25
Book Shed Stirling	21/12/24	2/1/25
Book Shed Woodside	21/12/24	2/1/25
Chi Kung	20/11/24	22/1/25
Community Buses *See below for trips	No change to shopping, public holidays rescheduled	
*Mystery Trips	11/12/24	15/1/25
*Tuesday Bus Outing	26/11/24	25/2/25
*Something Different	12/12/24	6/2/25
*Let's Do Dinner	17/12/24	21/1/25
*Suburban Shop	16/12/24	20/1/25
*Saturday	14/12/24	8/2/25
Community Fun & Fitness	10/12/24	14/1/25
Community Garden	20/12/24	2/1/25
Community Shed	19/12/24	7/1/25
Community Lunch	4/12/24	8/1/25
Computer Training 1:1	20/12/24	2/1/25
Emergency Relief	24/12/24	2/1/25
Food Co-op	20/12/24	3/1/25
Food Pantry	19/12/24	2/1/25
Homework Club	10/12/24	4/2/25
Hills NILS	17/1/24	7/1/25
Men's Morning	13/12/24	10/1/25
Men's Moves	19/12/24	9/1/25
Mosaics	6/12/24	7/2/25
Music Makers	10/12/24	28/1/25
Out & About Group	10/12/24	11/2/25
Outdoor Playgroup	11/12/24	29/1/25
Repair Café (monthly)	8/12/24	12/1/25
Strength and Balance	13/12/24	14/1/25
Wrapped with Love	9/12/24	3/2/25
Walking groups:		
Monday	9/12/24	20/1/25
Tuesday	26/11/24	14/1/25
Wednesday	11/12/24	15/1/25
Friday	13/12/24	24/1/25

## **Hut Volunteer Vacancies**

**Please email [volunteering@thehut.org.au](mailto:volunteering@thehut.org.au) if interested in any of these roles**

**These are the only roles we are recruiting for at present;**

### **Receptionist**

**Opportunity exists to be part of the reception team and be one of the welcoming faces at The Hut. Good communication skills, basic computer skills, and ability to adapt to different situation and tasks are required. Weekly timeslots available. The Hut can provide voluntary work opportunities for eligible job seekers.**

### **Repair Cafe Repairers**

**Join a vibrant group of 'Repairers' who help repair varied and interesting items that the community bring to the Repair Café – it is a highly rewarding activity which contributes and connects you to the community and to a great group of skilled people. The repair cafe is held on the 2nd Sunday of each month, 10am-1pm. We are in need of additional volunteer repairers, with an urgent need for an electrician and small engine repairs (mowers etc), so if you have a skill that you would love to use to help others, please let us know.**

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**Recipe of the Month - The Hawaiian apple Cob Loaf- something festive for your Christmas table!**

- 1 tbsp olive oil
- 4 green spring onions, thinly sliced, plus extra to garnish
- 1 garlic clove, crushed
- 250g pkt cream cheese, chopped, at room temperature
- 250g tub [sour cream](#)
- 125g can corn kernels, drained
- 100g sliced ham, chopped
- 150g (1 1/2 cups) pizza cheese
- 1 cob loaf
- 1 small pineapple with top
- Cheddar cheese cubes, to garnish
- Sicilian olives, pitted, to garnish

Preheat oven to 180C/160C fan forced. Line a baking tray with baking paper. Heat oil in a small frying pan over medium heat. Add the spring onions and garlic, and cook, stirring, for 3 minutes or until soft. Remove from heat. Place the cream cheese in a large bowl and mash with a fork. Stir in the sour cream until almost smooth. Add the corn, onion mixture, 75g of the ham and 1 cup of the cheese. Fold until combined. Use a serrated knife to slice 4cm off the top of the cob. Scoop out the bread from the centre of the loaf, leaving a 2cm-thick shell. Chop the bread centre and lid into 3cm pieces. Spoon the cream cheese mixture into the bread shell. Top with remaining cheese. Place on the prepared tray and arrange the bread pieces around the loaf. Bake for 15-20 minutes or until bread is golden.

Meanwhile, trim top from pineapple and reserve. Cut off pineapple skin. Finely chop enough flesh to fill 3/4 cup and cut remaining flesh into large chunks. Thread large pineapple chunks, cheese cubes and olives onto skewers.

Insert pineapple top and skewers into dip. Top dip with finely chopped pineapple, remaining ham and extra shallot. Serve immediately with breadsticks and croutons for dipping.

Merry Christmas everyone 😊





**“Some people look  
for a beautiful  
place. Others make  
a place beautiful.”**

**—HAZRAT INAYAT KHAN**

**RS**

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***Until Next Time, Stay Safe, Stay Well  
From The Hut Team***